

Self-Pay / Membership Rates

Guided Exercise \$200.00 (4 sessions if paid in advance)

Guided Exercise sessions will be with a NeuroRehabilitative Exercise Specialist (NRES) or Wellness Coordinator. If you would like Neuromuscular Electrical Stimulation (NMES) as part of your treatment, **electrodes must be purchased separately**. An evaluation (\$100) is required on your first visit*. Re-assessments (\$50) take place every 90 days. The true cost of a session is \$200, but you may receive a 50% discount for pre-pay and 50% discount for bulk-rate (4 or more sessions), lowering the cost to \$50/session.

“Path to Independence” \$50.00/month

Comprehensive wellness program with individualized workout plans and access to the gym schedule below. Clients may enroll in this program in addition to or in place of physical therapy or guided exercise visits. An initial assessment (\$50) is required on your first visit*. Re-assessments (\$50) take place every 90 days.

	Monday	Tuesday	Wednesday	Thursday	Friday
9-10	Supervised Gym	Open Gym	Supervised Gym	Open Gym	Supervised Gym
10-11	Open Gym	Supervised Gym	Open Gym	Supervised Gym	Open Gym
11-12		Open Gym		Open Gym	
12-1					
1-2	Get Up, Stand Up	Get Up, Stand Up	Get Up, Stand Up	Get Up, Stand Up	Get up, Stand Up
2-3	Supervised Gym	Supervised Gym	Supervised Gym	Supervised Gym	Supervised Gym
3-5	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym

Monthly rates are prorated depending on start date of the month. Day 1-9 \$50.00; Day 10-19 \$34.00; Day 20-31 \$22.00

Functional Electrical Stimulation (FES) cycling \$100.00/month

The FES plan includes unlimited use of the RT 300 FES cycle, by appointment, during the hours of operation. An FES set-up and evaluation time must first be scheduled*. **FES set-up and electrodes must be purchased separately**. Every 90 days, a FES re-evaluation is required at a cost of \$50.00. The monthly fee can be waived if a trained caregiver has been cleared to assist with set-up.

Electrode Size	PALS Set (4 pk)	Valutrode Set (4pk)
1.25" circle	\$7.00	\$3.50
2" x 2"	\$9.00	\$4.00
2" x 3.5"	\$10.00	\$6.00
3" x 4"	\$7.00 (2pk)	\$7.00 (3x5 2pk)

*Depending on insurance allowances and therapy goals, insurance may be billed for evaluations and/or re-assessments. Self-pay clients must submit payment prior to their first visit.

Quick Reference Rates

Initial Assessment (“Path to Independence”)	\$50
Initial Evaluation (Guided Exercise)	\$100
Re-assessment	\$50
Guided Exercise (4 sessions with discounts)	\$200
“Path to Independence”	\$50/month
FES cycling	\$100/month**
FES set-up	\$50/hour + Electrodes sold separately Every 90 days, set-up appt required
NMES	Electrodes sold separately

**FES cycling is \$100/month unless a caregiver has been trained and deemed safe for client set-up.
A Set-up fee will be charged. Any additional visits needed to train caregivers are \$50/hour.